SHOPPING LIST

Vegetable Toad-in-the-Hole with Onion Gravy

Serves 4

- [ ] 8 vegetarian sausages
- [ ] 2 tbsp oil

Batter

- [ ] 140 g plain flour
- [ ] 4 eggs
- [ ] 200 ml milk
- [ ] 1 tsp wholegrain mustard
- [ ] Salt and pepper

Onion gravy

- [ ] 2 onions, sliced
- [ ] 1 tbsp butter
- [ ] 1 tsp sugar
- [ ] 1 tbsp plain flour
- [ ] 400 ml vegetable stock
- [ ] 1 tbsp soy sauce
- [ ] 1 tsp balsamic vinegar

Tick off what you already have at home.