SHOPPING LIST

Vegan Pad Thai with Crispy Tofu

Serves 3

- [ ] 200 g flat rice noodles
- [ ] 200 g firm tofu, pressed and cubed
- [ ] 3 tbsp oil
- [ ] 3 cloves garlic, chopped
- [ ] 2 spring onions, sliced
- [ ] 150 g bean sprouts
- [ ] 2 carrots, cut into matchsticks
- [ ] 50 g roasted peanuts, crushed
- [ ] Lime wedges and coriander, to serve

Sauce

- [ ] 3 tbsp tamarind paste
- [ ] 3 tbsp soy sauce
- [ ] 2 tbsp brown sugar
- [ ] 1 tbsp rice vinegar
- [ ] 1/2 tsp chilli flakes

Tick off what you already have at home.