SHOPPING LIST

Sweet Potato and Chickpea Tagine with Couscous

Serves 4

- [ ] 2 tbsp olive oil
- [ ] 1 large onion, chopped
- [ ] 3 cloves garlic, chopped
- [ ] 1 tbsp fresh ginger, grated
- [ ] 2 tsp ground cumin
- [ ] 1 tsp ground cinnamon
- [ ] 1 tsp ground coriander
- [ ] 1/2 tsp turmeric
- [ ] 2 sweet potatoes, peeled and cubed
- [ ] 1 tin (400 g) chopped tomatoes
- [ ] 1 tin (400 g) chickpeas, drained
- [ ] 500 ml vegetable stock
- [ ] 100 g dried apricots, halved
- [ ] Salt and black pepper

To serve

- [ ] 250 g couscous
- [ ] A handful of chopped coriander and toasted almonds

Tick off what you already have at home.