SHOPPING LIST

Sticky Miso Aubergine

Serves 4 as a side

- [ ] 2 large aubergines, halved lengthways
- [ ] 2 tbsp oil

Glaze

- [ ] 3 tbsp white miso paste
- [ ] 2 tbsp maple syrup
- [ ] 1 tbsp rice vinegar
- [ ] 1 tbsp soy sauce
- [ ] 1 tsp grated fresh ginger

To serve

- [ ] 1 tbsp toasted sesame seeds
- [ ] 2 spring onions, sliced

Tick off what you already have at home.