SHOPPING LIST

Smoky Jackfruit Tacos with Lime Slaw

Serves 4

- [ ] 2 tins (400 g each) young green jackfruit in brine, drained
- [ ] 1 tbsp oil
- [ ] 1 onion, chopped
- [ ] 3 cloves garlic, chopped
- [ ] 2 chipotle chillies in adobo, chopped, or 2 tsp chipotle paste
- [ ] 1 tsp smoked paprika
- [ ] 1 tsp ground cumin
- [ ] 200 ml tomato passata
- [ ] 1 tbsp soy sauce
- [ ] 1 tbsp maple syrup
- [ ] 8 small corn tortillas
- [ ] 1 avocado, sliced

Lime slaw

- [ ] 1/4 red cabbage, finely shredded
- [ ] Juice of 2 limes
- [ ] A handful of coriander, chopped
- [ ] Salt

Tick off what you already have at home.