SHOPPING LIST

Sesame Green Beans with Garlic

Serves 4

- [ ] 400 g green beans, trimmed
- [ ] 1 tbsp neutral oil
- [ ] 2 garlic cloves, finely sliced
- [ ] 1 tbsp soy sauce
- [ ] 1 tsp toasted sesame oil
- [ ] 1 tbsp sesame seeds, toasted
- [ ] A pinch of chilli flakes (optional)

Tick off what you already have at home.