SHOPPING LIST

Matcha Oat Latte

Serves 1 large cup

- [ ] 1 tsp matcha powder (ceremonial or good-quality latte grade)
- [ ] 60 ml hot water (about 80°C, not boiling)
- [ ] 200 ml oat milk
- [ ] 1 to 2 tsp maple syrup

Tick off what you already have at home.