SHOPPING LIST

Masala Chai

Serves 2 cups

- [ ] 250 ml water
- [ ] 250 ml whole milk
- [ ] 2 tbsp loose Assam tea, or 3 black tea bags
- [ ] 1 tbsp grated fresh ginger
- [ ] 4 green cardamom pods, lightly crushed
- [ ] 1 cinnamon stick
- [ ] 3 cloves
- [ ] 5 black peppercorns
- [ ] 2 to 3 tsp sugar or jaggery, to taste

Tick off what you already have at home.