SHOPPING LIST

Ember Crunch Chickpeas

Serves 4 as a snack

- [ ] 2 tins (400 g each) chickpeas, drained and rinsed
- [ ] 2 tbsp olive oil
- [ ] 1½ tsp smoked paprika
- [ ] 1 tsp chili flakes
- [ ] 1 tsp garlic powder
- [ ] ½ tsp ground cumin
- [ ] 1 tsp brown sugar
- [ ] 1 tsp fine salt
- [ ] Juice of half a lime, to finish

Tick off what you already have at home.