SHOPPING LIST

Creamy Lemon Chicken with Orzo

Serves 4

- [ ] 8 bone-in or 6 boneless chicken thighs
- [ ] 1 tbsp olive oil
- [ ] 1 tbsp butter
- [ ] 1 onion, finely chopped
- [ ] 4 garlic cloves, crushed
- [ ] 1 tsp dried oregano
- [ ] 300 g orzo
- [ ] 700 ml hot chicken stock
- [ ] Zest of 1 lemon and juice of ½ to 1 lemon
- [ ] 100 ml double cream or crème fraîche
- [ ] 100 g baby spinach
- [ ] 40 g parmesan, grated
- [ ] Salt and black pepper
- [ ] Chopped parsley, to serve

Tick off what you already have at home.