SHOPPING LIST

Butternut Squash and Sage Risotto

Serves 4

- [ ] 1 small butternut squash (about 800 g), peeled and cubed
- [ ] 4 tbsp olive oil
- [ ] 1 onion, finely chopped
- [ ] 2 cloves garlic, chopped
- [ ] 300 g risotto rice
- [ ] 1.2 litres hot vegetable stock
- [ ] Juice of 1/2 lemon
- [ ] A small bunch of sage leaves
- [ ] 40 g toasted hazelnuts, chopped
- [ ] Salt and black pepper

Tick off what you already have at home.