SHOPPING LIST

Bubble and Squeak Cakes with a Poached Egg

Serves 4

- [ ] 500 g cold mashed potato
- [ ] 250 g cooked cabbage or Brussels sprouts, finely chopped
- [ ] 1 small onion, finely chopped and softened in butter
- [ ] 2 tbsp plain flour, plus extra for dusting
- [ ] Salt and black pepper
- [ ] 3 tbsp oil or butter, for frying
- [ ] 4 eggs, poached
- [ ] Brown sauce or ketchup, to serve

Tick off what you already have at home.