SHOPPING LIST

Berry Coconut Chia Pudding

Serves 4

- [ ] 5 tbsp chia seeds
- [ ] 400 ml can coconut milk
- [ ] 150 ml oat milk or other plant milk
- [ ] 2 tbsp maple syrup
- [ ] 1 tsp vanilla extract
- [ ] A pinch of salt

To serve

- [ ] 250 g mixed berries
- [ ] 2 tbsp toasted coconut flakes

Tick off what you already have at home.