SHOPPING LIST

Sunday Roast

5 dishes

Herb-Stuffed Mushrooms with Crispy Breadcrumbs

Serves 4

- [ ] 12 large chestnut or portobello mushrooms
- [ ] 4 tbsp olive oil
- [ ] 3 garlic cloves, finely chopped
- [ ] 1 small onion, finely chopped
- [ ] 80 g fresh breadcrumbs
- [ ] 3 tbsp chopped flat-leaf parsley
- [ ] 1 tbsp chopped thyme leaves
- [ ] 1 tbsp lemon juice
- [ ] Salt and black pepper

To serve

- [ ] Lemon wedges
- [ ] A green salad

Sunday Roast Chicken with Root Vegetables and Gravy

Serves 4 to 5

For the chicken

- [ ] 1 whole chicken (about 1.8 kg)
- [ ] 50 g soft butter
- [ ] 1 lemon, halved
- [ ] 1 head garlic, halved crosswise
- [ ] A few sprigs thyme
- [ ] Salt and black pepper

For the vegetables

- [ ] 800 g potatoes, in large chunks

- [ ] 4 carrots, in thick batons
- [ ] 3 parsnips, in thick batons
- [ ] 2 red onions, in wedges
- [ ] 3 tbsp olive oil

For the gravy

- [ ] 1 tbsp plain flour
- [ ] 400 ml chicken stock
- [ ] 1 tsp soy sauce or Worcestershire sauce

Crispy Smashed Potatoes with Rosemary and Sea Salt

Serves 4

- [ ] 800 g small waxy potatoes
- [ ] 5 tbsp olive oil
- [ ] 3 sprigs of rosemary, leaves picked and chopped
- [ ] 3 garlic cloves, lightly crushed
- [ ] Flaky sea salt
- [ ] Black pepper

Apple Crumble with Oats and Cinnamon

Serves 6

For the filling

- [ ] 900 g cooking apples, peeled and sliced
- [ ] 2 tbsp caster sugar
- [ ] 1 tsp ground cinnamon
- [ ] Juice of half a lemon

For the crumble

- [ ] 150 g plain flour
- [ ] 80 g rolled oats
- [ ] 100 g cold butter, cubed
- [ ] 80 g soft brown sugar
- [ ] A pinch of salt

To serve

- [ ] Warm custard or cold cream

Warm Spiced Apple Cider

Serves 6 mugs

- [ ] 1.5 litres cloudy apple juice
- [ ] 2 cinnamon sticks
- [ ] 5 cloves
- [ ] 2 star anise
- [ ] 1 orange, sliced
- [ ] 3 slices of fresh ginger
- [ ] 1 tbsp maple syrup (optional)

Tick off what you already have at home.