SHOPPING LIST

Lantern Night

5 dishes

Jade Dumplings with Bok Choy and Shiitake

Serves 4 (about 24 dumplings)

Filling

- [ ] 250 g bok choy, very finely chopped
- [ ] 1 tsp salt
- [ ] 150 g shiitake mushrooms, finely chopped
- [ ] 1 small carrot, grated
- [ ] 2 spring onions, finely sliced
- [ ] 2 garlic cloves, minced
- [ ] 1 tbsp grated fresh ginger
- [ ] 1 tbsp soy sauce
- [ ] 1 tsp toasted sesame oil
- [ ] 1 tsp cornflour

To assemble

- [ ] 24 round dumpling wrappers
- [ ] 1 tbsp neutral oil for frying
- [ ] 60 ml water

Dipping sauce

- [ ] 3 tbsp soy sauce
- [ ] 1 tbsp rice vinegar
- [ ] 1 tsp chili oil (or to taste)

Lemongrass Chicken Noodle Bowls

Serves 4

For the chicken

- [ ] 600 g boneless chicken thighs, thinly sliced

- [ ] 2 lemongrass stalks, tender part only, finely chopped
- [ ] 3 garlic cloves, crushed
- [ ] 2 tbsp fish sauce
- [ ] 1 tbsp sugar
- [ ] 1 tbsp oil
- [ ] 1 tsp black pepper

For the dressing

- [ ] 3 tbsp lime juice
- [ ] 2 tbsp fish sauce
- [ ] 1 tbsp sugar
- [ ] 1 small red chili, finely chopped
- [ ] 1 garlic clove, crushed
- [ ] 4 tbsp warm water

For the bowls

- [ ] 250 g dried thin rice vermicelli
- [ ] 1 cucumber, cut into matchsticks
- [ ] 2 carrots, cut into matchsticks
- [ ] Lettuce leaves, shredded
- [ ] A big handful of mint, coriander and basil
- [ ] 4 tbsp roasted peanuts, crushed

Sesame Green Beans with Garlic

Serves 4

- [ ] 400 g green beans, trimmed
- [ ] 1 tbsp neutral oil
- [ ] 2 garlic cloves, finely sliced
- [ ] 1 tbsp soy sauce
- [ ] 1 tsp toasted sesame oil
- [ ] 1 tbsp sesame seeds, toasted
- [ ] A pinch of chilli flakes (optional)

Coconut Rice Pudding with Fresh Mango

Serves 4

For the pudding

- [ ] 150 g pudding or short-grain rice
- [ ] 400 ml can full-fat coconut milk
- [ ] 500 ml oat milk or other plant milk
- [ ] 3 tbsp sugar
- [ ] 1 vanilla pod, split, or 1 tsp vanilla extract
- [ ] A pinch of salt

To serve

- [ ] 1 ripe mango, diced
- [ ] 2 tbsp toasted coconut flakes
- [ ] Zest of 1 lime

Jasmine Iced Tea with Peach

Serves 4 glasses

- [ ] 4 jasmine tea bags, or 4 tsp loose jasmine tea
- [ ] 1 litre cold water
- [ ] 2 ripe peaches, sliced
- [ ] 2 tbsp sugar or maple syrup, or to taste
- [ ] Juice of 1/2 lemon
- [ ] Ice
- [ ] Mint sprigs, to serve

Tick off what you already have at home.